

# CHALICE FOUNDATION

# REPORT 2021



CHALICE FOUNDATION  
positive menstrual culture

# What have we been up to in 2021?



## Publications

- *The Leak*: 46 blogs published by 44 authors
- *Ourselves at Work*: creating positive menstrual culture in your workplace. Available as a pdf [here](#)
- *Reports*: CDG Survey Report 2021, Post School Survey 2021, Menstrual Education 2021
- *Resources*: Just Imagine, 5 Stages of Puberty, On the Threshold, Q&A from About Women, Menarche Aromatherapy, Ten Tips for Dads
- Training manuals: *Celebration Day for Girls Facilitator Training Manual 2021*
- Workshop workbook: *Celebration Circle for Girls Workbook*
- Negotiations for German translation of *About Bloody Time*, to be published in 2022

## Workshops

- *Celebration Day for Girls*: 54 total in spite of Covid
  - o AU: Vic 22, SA 2, WA 2, NSW 1, ACT 1
  - o NZ 9, UK 10, Colombia 3, Italy 1, Denmark 1, Spain 1, Canada 1
  - o Approx. 550 girls / 540 mums/female guardians
  - o Of these 7 are CDG Outreach workshops – free to participant
    - 3 in rural Colombia
    - 2 for the BAME community in London
    - 2 for Mt Alexander Shire residents, Victoria

- o Celebration Circle for Girls (online) pilots programs:  
Pilot 1 – 6 girls / 6 mums  
Pilot 2 – 8 girls / 8 mums (in Spanish)
- o Fathers Celebrating Daughters  
5 FCDs approx. 40 dads

## Trainings

- Celebration Day for Girls Facilitator Training
  - o 2 online
  - o 1 Phillip Island, Victoria
  - o 1 Narbonne, France
  - o 34 new facilitators
- Celebration Circle for Girls (online) Facilitator Training
  - o 13 including Leadership Team
- Fathers Celebrating Daughters Facilitator Training
  - o 8 new facilitators

## Conference Presentation

- Period Summit, Adelaide (in person)
- The Rite Journey, Barossa Valley (Virtual)
- Youth Parliament on Period Poverty (Virtual)
- Circle In Menopause (Virtual)
- Sydney Uni Workplace policy (Virtual)

## Professional development

1. PD Jam webinars for CDG facilitators–

- Pornography's impact on young people
- Feminist reframe of menstruation
- Gender diversity
- Don't forget to play! Online skills

2. Ongoing CDG mentoring for individuals and country/regional groups by Leadership Team



## Websites

- Refreshed CDG website – Janoel Liddy, Leadership Team, JB with Green Graphics
- Ongoing work on CF website including resources, reports and blogs by JB

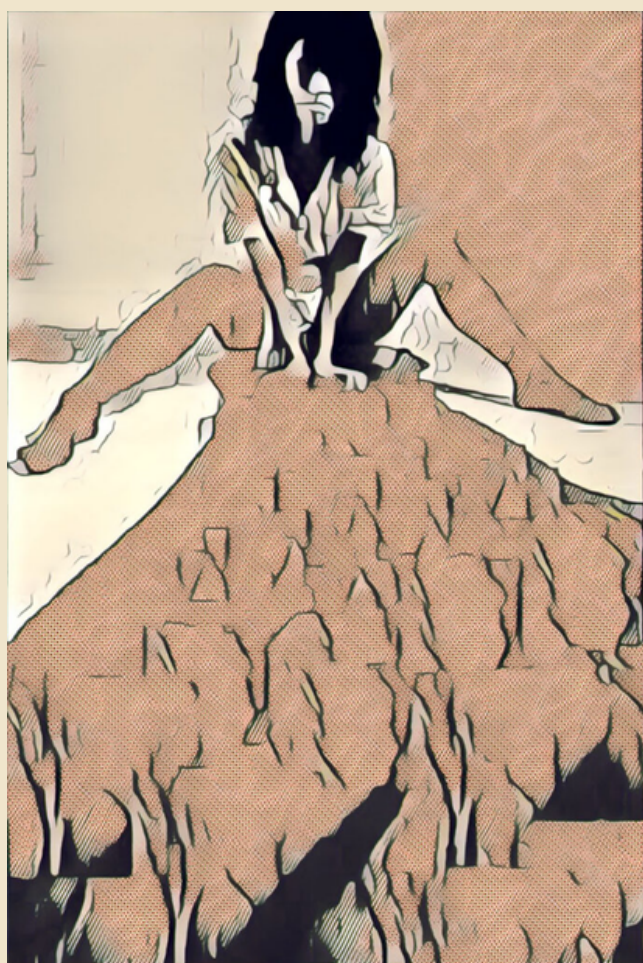
## Menstrual Education Online Project

- Seed funding secured, funding proposal finalised, work begun with Janoel Liddy, platform research undertaken



## Menstrual Educator Organisation

- Consultations with prominent menstrual educators Jane Hardwick-Collings and Katherine Cunningham
- Agreed important and needed
- Preliminary work done in 2020
- Action on hold for now – COVID
- Launch at an in person event 2022 or 2023



## Volunteers and teams

- Chalice Foundation social media volunteers – Kirsten Chavrimootoo and Georgia Shepherd
- The Leak volunteer – Casi Melican
  - o 44 blog writers
- CDG Teams –
  - o CDG Outreach Group
  - o CDG Social Media Team (IG, FM, LI)
  - o CDG Trainer and Leadership Team
  - o CDG Monitoring and Evaluation Team
  - o FCD Facilitators Group
- CDG Social Media and M&E Teams Coordinator – Therese O'Brien
- Plus other supports from CDG facilitators sharing resources, expertise and adaptations
- Mariah Watts – financial systems advisor



## **Staff**

- JB Personal Assistant – Beck Meyers, manages invoicing, reconciling, CDG calendar, bios, and basically whatever comes her way with grace and skill, see Position Description:  
<https://docs.google.com/document/d/1A238qci-EcSut0bGSm-qzKNXjyFZ3qbZ/edit#>

## **Contractors**

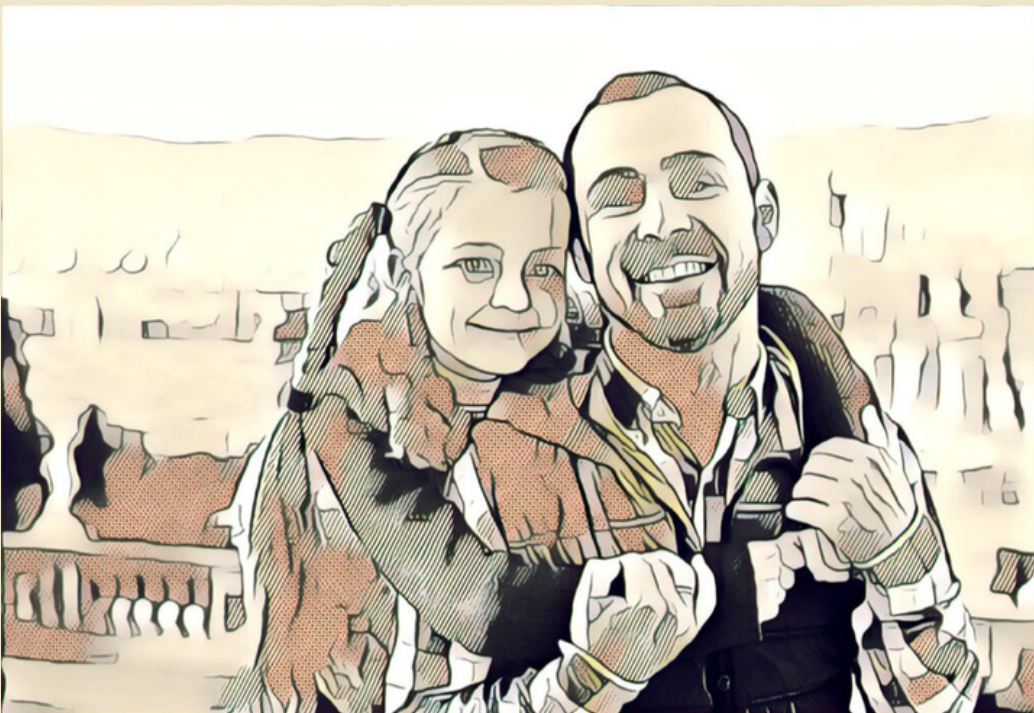
- Green Graphics for websites
- White Deer for design
- Mariana Zavery/Astralize for design
- Greg Westbrook for legals
- Janoel Liddy website and MEO content and design
- Trainer team members for CDG Facilitator Training

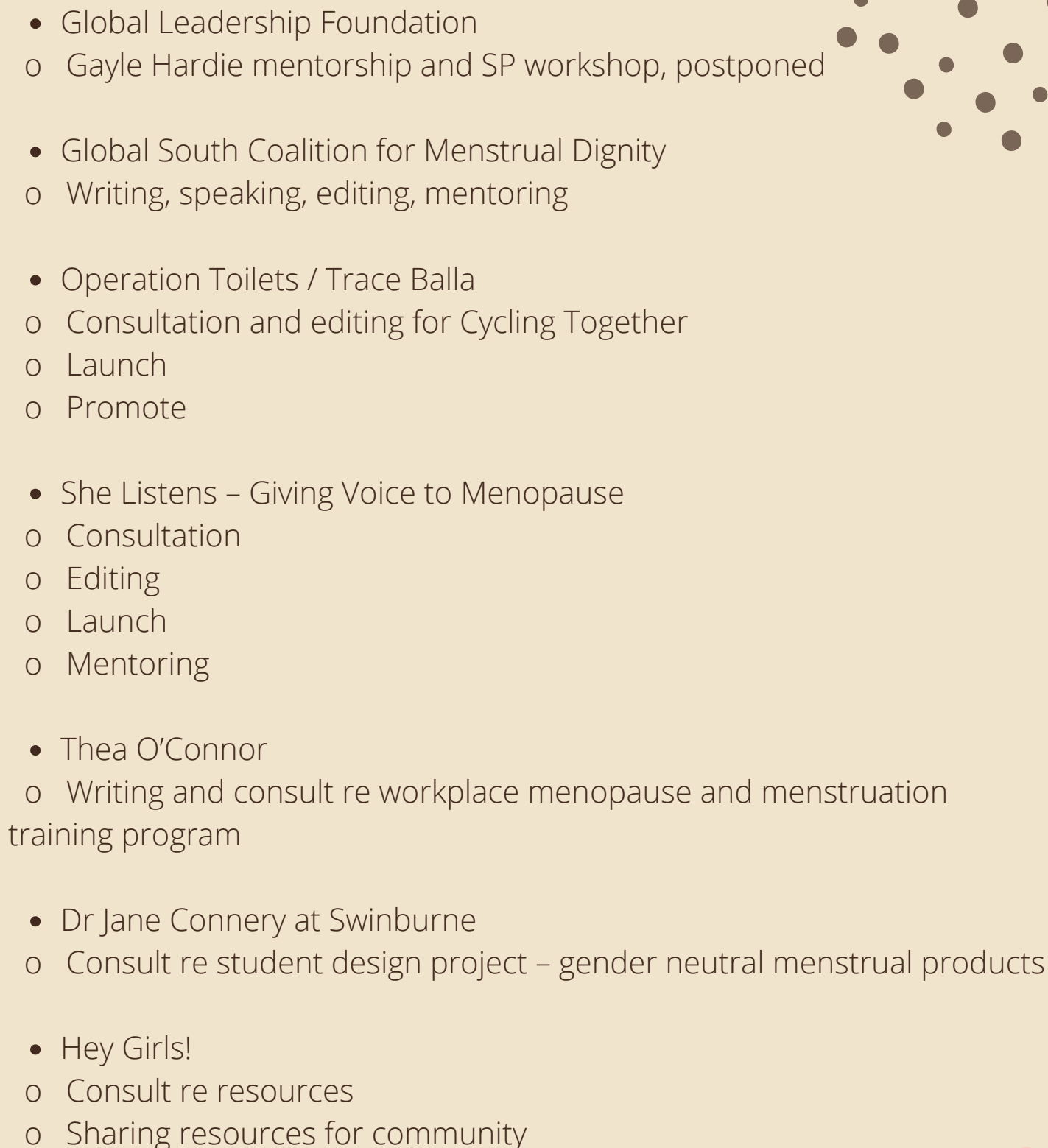
## **Grants**

- Mt A Shire \$3,000
  - Water Dragon Trust / GoGoFoundation auspiced \$15000
- 

## Collaboration

- Victorian Women's Trust
  - o via Services Agreement
    - Blog manager
    - Volunteer SM manager
    - She Listens – Giving Voice to Menopause film
    - Circle In conference
    - Sydney Uni conference
    - HACSU – consults and mentoring re menstrual and menopausal workplace policy
- GoGo Foundation / SA Commissioner for Children and Young People
  - o Period Summit
  - o Auspicing



- 
- Global Leadership Foundation
    - o Gayle Hardie mentorship and SP workshop, postponed
  - Global South Coalition for Menstrual Dignity
    - o Writing, speaking, editing, mentoring
  - Operation Toilets / Trace Balla
    - o Consultation and editing for Cycling Together
    - o Launch
    - o Promote
  - She Listens – Giving Voice to Menopause
    - o Consultation
    - o Editing
    - o Launch
    - o Mentoring
  - Thea O'Connor
    - o Writing and consult re workplace menopause and menstruation training program
  - Dr Jane Connery at Swinburne
    - o Consult re student design project – gender neutral menstrual products
  - Hey Girls!
    - o Consult re resources
    - o Sharing resources for community





## **Chalice Board**

- Jane Bennett, Ange Fraser, Veronica Moule, Sam Slicer, Jane Mallick met monthly
- Stella Clifford retired. Warmest wishes and huge thanks Stella
- Ongoing work on 5 year Strategic Plan
- Oversight for all projects and Chalice Foundation culture
- Set up for international payments
- Added Jane Mallick as banking approval person
- Applied recommendations of Gayle Hardie

Jane Bennett and The Chalice Foundation board would like to extend our immense gratitude to all those who have given so generously of their time, skill and resources during 2021.

We wish all a joyful completion of 2021 and a healthy and abundant 2022



CHALICE FOUNDATION  
positive menstrual culture